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All About Single Parenting: What It Is and How It Affects Your Children

Understanding Single Parents

Separation or independence might come as a big surprise to you. At first, you will most probably be feeling panicky finally realizing that you have to take care of your kids and never forget this, yourself as well.

If you do not take care of yourself, then you do not make yourself immune to certain negative circumstances that may hinder the care and love that you can give your children.

As a single parent, you have to assure yourself with good health. Aside from the fact that it could add up to your expenses, if you get weak, who will take care of your kids then?

However, you can also see separation from a different light. As a single parent, you have to take control of your life, in different ways that are new and could turn out to be very exciting, as you learn to embrace and accept the changes in your life and the lives of your children as well.

Making decisions would not be the same because, now, the decisions you have to make should be supportive of your family.

Once you are in a more effective control over your life and your kids', it would be eventual that better choices should be made.

These said choices are very effective of your relations with your parents, you children, the parents of your spouse, if your are single because of his or her death, or your ex-spouse, if you had either an annulment or a divorce. These choices are also capable of affecting your health and your happiness.

However, due to misfortune, you could be having problems raising your kids. You are not alone on this. There are quite a big number of single parents out there. There is no reason for you to isolate yourself from the world.

There are also coaches who are always ready to advise you. You can definitely learn a lot from these coaches, parent coaches or kid coaches, and apply what you have learned in your life as a single parent.

You can work as a so-called "team" with these coaches to prevent problems within your family. They will be giving you advices that can do so; all you have to do is read on.

As a single parent, you must not force your children to trust you. If this whole single parent thing is okay with you, it might not be the same thing with them. Trust is not bought, it is gained.

If your kids are finally comfortable having you as their only parent, you will know so. Your kids will just eventually learn to solve their own problems the right way and accept the decisions you will make because of trust, and not force.

It is in truth that children can get really stubborn at times; it is already part of their system. But do not, under any circumstances, punish your kids. If you will submit your kids into punishment when they do wrong, they will most probably grow old evading responsibilities rather than to accept them.

Yes, parenting has indeed evolved. Parenting in the society today is very different from the kind of parenting that your parents grew up with. The rules have changed and there was a rapid increase of the dangers of your children.

If you go to certain experts on this kind of situation, they will probably tell you to put your child on time out. This is not a very helpful advice but still, you must not put the professionals to blame for they, too, are products of society. They most probably grew up in the same kind of parenting as you did.

What you most definitely need, as a single parent, are tools and a step by step know how in finding and attaining new hope and happiness, together with your family.

There are various kinds of single parents. Some are single parents because of a divorce, some were not even married at all, other single parents are such because they were widowed, and some, due to a very kind heart, adopted those unfortunate children to give them a better life. Whatever it is that led you to being a single parent does not matter, what matters is the life that you have now being a single parent to your kids.

The Plight of Single Parents

For the past 25 years, single parenthood has become more and more common in society. New set-ups are emerging aside from the traditional nuclear family.

Single parenthood is commonly brought about by three things: divorce, death of the spouse or teenage pregnancy. Cohabitation outside a matrimonial set-up is common but it changes not so much the real parental status as the statistics behind it.

The number of single parent families has doubled in the last two decades. US census estimates that 59 percent of children in America will live with a single parent at least once. There are about 12 million single parents in the United States. About 20 million or 28 percent of children under 18 live with a single parent. 84 percent of those who live with one parent live with their mother.

Families which are headed by women are more vulnerable. Women's social position is still relatively weaker than that of men. Single mothers have to cope with existing gender-based limitations for gainful employment vis-a-vis a very demanding family life.

Although 53.3 percent of single mothers in the U.S. are in the labor force, 3.9 million or 28 percent of households with a female single parent are in poverty compared to just 5.5 percent of two-parent families.

This is because of the fact that the median family income for U.S. female single parents is \$25,500 which is about half the average income of all families and less than half of the income of married-couple families. Adjusting for inflation, it is even less than the median family income of married-couple families in 1969 (\$39,800).

In comparison, 13.3 percent of households run by male single parents are in poverty. This is much less than the rate for single mothers, but still more than twice the poverty rate for married-couple families.

There had been policy proposals for single parents to receive social benefits but these have been controversial. According to liberal individualist, if people choose to have children, they are responsible to look after them.

The collectivist position which dominates continental Europe holds that children are other people's business as well. This position also believes that the interest of the children is far greater than any concerns about the morality of the parents.

Aside from these economic realities, single parents also have to face the reality that children who live with single parents or even with a parent and step-parent, experience disadvantages in terms of psychological functioning, behavioral problems, education, and health.

Children with single parents are one and a half times likely to drop out of school and work in their early teens and twenties than children who grew up with two parents. Children with single parents are also twice as likely to have a child before the age of 20 as those raised in two-parent family.

Many psychologists and child development workers argue however that these studies are oversimplified and outdated. Many factors are involved in the psychological development of a child raised in a single parent home. Cooperation between divorced parents and quality of attention given to the child are examples.

No child in a single parent family is by default doomed for a maladjusted life. Single parents must model self-respect and self-nurturance to the children and establish a support system for the family.

Many studies have shown that children with single parents tend to have poorer academic performance and receive less intellectual stimulation than children living with married parents.

However, studies in the College of Human Ecology at Cornell University indicate that having a support system like a grandparent in the home, appears to buffer some of these negative effects. Children who live with a single parent and a grandparent fare just as well academically as children living with married parents.

These findings contradict the idea that living with two married parents is the only situation in which children can thrive.

All About SPARK (Single Parents Raising Kids)

Single Parents Raising Kids or more popularly known as SPARK is an organization of single parents based in the Montgomery County in the United States state of Maryland. SPARK also covers other single parents in the surrounding areas.

SPARK as an organization of single parents was instituted and formed in 1987. The founders were nine single parents who have successfully coped with life being single parents. The nine SPARK founders initially aimed to make SPARK an organization or venue in helping numerous single parents to cope up and deal with stressful single parenting issues.

SPARK as an organization

Like most other organizations, non-government organizations that is, Single Parents Rising Kids or SPARK has a self-imposed mission of building a community characterized by interaction among local single parents.

SPARK aims to help single parents in Maryland provide a support group system to strengthen each other and be able to share experiences and insights on related experiences to make each other learn from experiences and mistakes.

SPARK purposely aims to attain its mission statement by instilling active participation among its members and planning and presenting a program of family that is balanced. The organization also aims to give out social and educational programs to each of its members.

As an active organization, SPARK comes out with a monthly calendar of events that can help its members interact comfortably though informal and friendly gatherings.

To do such, SPARK once in a while organizes concerts, movie premieres, pot-luck dinners and other activities that would help members appreciate and interact with each other in the most comfortable and conducive means.

The headquarters of SPARK is located at SPARK Incorporated, PO ox 288, Rockville, Maryland 20848.

SPARK membership

It should be noted that SPARK, being a non government organization, is also and mostly, to be emphasized clearly, not a for-profit organization. That means SPARK exists mainly because of its advocacy roles and commitments and not because of any other causes.

The organization, being a social interaction group, is not intended to generate income or revenues to its founders and leaders. Instead, the compensation SPARK gets is the great feeling

it attains if it effectively provides support and wisdom or insights to its members, which are all single parents.

SPARK is a volunteer-organization that is run and managed by volunteers. Solicitations and contributions that make SPARK running and existing are generated through the voluntary contribution and offer of single parent members.

SPARK is open to all single parents in Maryland and the adjoining states whose child or children are below or under eighteen years. The child or children may be with or without custody.

Purpose of SPARK

Single Parents Raising Kids is an organization whose purpose includes giving members great and bright ideas to resolve emotional, social and financial problems arising from single parenthood. Thus, SPARK principally aims to provide single parents the opportunity to:

- Participate in wholesome but fun activities with other single parents.
- Learn more and generate more knowledge about single parenthood.
- Share insights on experiences that could be beneficial other single parents.

Insights on SPARK

The modern generation of single parents are somehow very much more fortunate than their counterparts in the past generations. Gone were the days when single parents are ostracized and looked down by the society due to the stigma and social burden incurred from a failing marriage or pregnancy out of wedlock.

The single parents of today are really lucky to be able to enjoy most stuff and support groups that help them out carry the burdensome role of having to raise a child or children solely amid all the odds.

SPARK is one organization that could have helped many a single parent in the decades and centuries that have passed. However, it is better late than never. Thank God, single parents now have to get support from SPARK

Now wish that SPARK expands from Maryland to the rest of the world.

Theories Regarding Single Parenting

Theories regarding single parenting depends upon the the beliefs and ideals of a person. Some people base their concept or theories on experiences of single parents. Some of them base it on analytical thinking.

There are theories regarding single parenting that is said to be irritating to the ears of single parent especially if it affects the morality of a person as a Christian. Nevertheless, if we will listen to the person sharing his theories regarding single parenting, you can pick up a little knowledge that you can share to others.

There are theories regarding single parenting that sometimes caused a debate like theories regarding single parents punishing their children every time they did something wrong. Others agree on this concept while others do not.

For those who agree that this theory regarding single parenting is right, say that to be able to create fine men and women, punishment is needed. It lessens their mistakes in life. If not punished, they will do the same mistakes their single parents have done. On the contrary, people who disagreed in this theory regarding single parenting, they believe that punishment will only make children become fearful, non-cooperative, and dependent to others.

Theories regarding single parenting may vary according to the beliefs, customs and tradition revolving around the community. Unknowingly, people produced theories according to their experience and pass it out to next generations.

Handling your children should not base on any concept or theories regarding single parenting. Nurturing, caring, loving is enough for a child to understand what you feel for him.

Don't let any theories regarding single parenting manipulate your lives. Better make it a guide but not necessarily follow all those concepts. Learn to pick only the beneficial ones. Learn from the lessons of the theories regarding single parenting.

Theories regarding single parenting sprouted like a mushroom through the years because of the great need of single parents to mold their children with good attitude.

There are theories regarding single parenting that deals on educating single parents to teach their children on how to strengthen the faith to God. It is very important to strengthen the faith of every child especially children of single parents because it can be their weapon in every struggles in life.

Theories regarding single parenting that are the topics of debates must be analyzed with balanced judgment. Single parents must have a wide knowledge to be able to sort capture only all the good lessons from bad.

Theories of single parenting existed many years ago. Even in history books, we read about it. The topic of before still remains the topic of today.

Theories on single parenting differ according to the needs of single parent. Single parenting which has resulted from divorce must understand theories on single parenting that are appropriate for them. They should learn how to cope on their situation. They must also learn to avoid bad comments pertaining to the other parent of the child.

Single parents should learn to settle amicably the differences between the other parents of the child. Single parents must also learn the right time of dating again on opposite gender. Theories regarding single parenting might help them.

Theories regarding single parenting on rebellious stage of children should be deal with maturely. Children who are product of a divorce or separation usually become rebellious especially on adolescence age.

Rebellious child are sensitive in nature. Single parents must understand their needs. Rebellious child might need more attention and care. They sometimes need something but got difficulty achieving it.

Theories on single parenting have the purpose of educating parents to become a role model to their children. Single parents made a mistake in the past but it does not mean they are bad parents. Becoming a role model to children will inspired children to finish their study become professional on their chosen career in the someday.

Single parents should be careful on theories regarding single parenting that they will use on their child for on these theories regarding single parenting depend the future of their children. Single parents should never stop on learning for the sake of their child. Single parents should give extra nurturing and caring to their children for children of single parents have the special needs of love and care.

Different Effects of Single Parenting to Children and Single Parents

What are effects of single parenting to adult? Single parenting is a tough and very challenging task. Many single parents suffer the negative effects of single parenting.

Financial struggles are one of the negative effects of single parenting. This, however, can be solved by finding a job that can support both you and child. Single parents can also find a job within their local community that may afford them to sustain the needs of their children.

Single Parents should also learn to cut the cost of their daily expenses such as food, transportation, personal cost and child cost. Single parents should learn how to save their time and energy because they are playing two roles for their children.

Cost cutting of food expenses like shopping food once a week with a list in your hand to lessen impulse buying. Shopping food alone at discounted grocery stores than in convenient stores with high prices may help you save some bucks too. Also, plan your meals for one week. As much as possible, use your electrical appliances efficiently.

Your personal and child cost can be cut by exchanging or sharing your services with friends like babysitting, window washing and gardening. You can also barter your talents like typing, sewing and painting. You can also trim your child's hair on your own.

One of the negative effects of single parenting is isolation. You can overcome this by getting support from your family, relatives and friends and even social groups in your community. Try to mingle and participate in your church activities and activities held by your community.

The lack of support, another negative effects of single parenting, can be remedied by establishing a connection and communication to the people around you. Communication is important for every single parent to make others understand their situation and gain support from them.

Emotional distress, also one of the negative effects of single parenting, can be conquered by letting yourself go on an emotion process aided by a professional. This emotional process is management of emotion from denial, anger, depression, bargaining and until you reach acceptance.

What are the effects of single parenting to children?

Not only adults suffer the negative effects of single parenting. In fact, children are the most affected by it. Children being raised with this type of parenting are in high risk of experiencing behavioral and emotional distress due to stress.

They may also have a hard time to adjust to their present situation a divorce or death of one of their parents. Children sometimes become confused, lonely, fearful, sad and angry.

There's a solution to the negative effects of single parenting. If single parents will only have an open mind, they will understand that children needs proper care and enough love to understand and fight the negative effects of single parenting.

How to reduce the negative effects of single parenting?

Healing your child from the negative effects of single parenting may be started by engaging your child into different activities that they love. Sports are good examples of activities that can help single parents and their children forget the hardships or traumatic experiences that they have gone through.

For married couples that are planning for a divorce, let your child know what's really happening with your relationship. Talk to your child and assure them that they are not the reason for the divorce.

To reduce the negative effects of single parenting, single parents must talk to their children. Always. Let them express their feeling about the divorce, about the moving, and changing of schools. Let your children know that whatever happens to the marriage, you still love them. Parents, as much as possible, must settle their difference amicably so that their children can adapt easily to the situation and to lessen the tension on their part.

Children need security, a loving, nurturing and healthy environment for better emotional growth and psychological development. Whatever kind of family you have, children will grow up to be fine men or women even if they are a product of single parenting. It's up to the single parent how they will raise their child into a loving and respectful person.

Single Parents and The Rise of Crime Rates Among Children

The hardest thing to face as a single parent is the intense emotions associated with being both a mother and a father to a child. This is further magnified when the other parent is absent or is deliberately not doing anything to fulfill his part in the caring for the children. More often than not, the single parent's psychological well being bogs down.

Single parents might try to cope with this strain by either trying to compensate by adopting both mom and dad roles, or by scouring the social scene for a partner to help him or her in the rearing of the child. The pressure is definitely high.

However, if truth be told, none of the above will help. If anything, they might even cause you to become more stressed. And when you end up being more stressed than ever, chances are this will reflect and magnify on your child.

If you are a single parent, ask yourself, how does your behavior and general outlook toward life affect your kid? Upon closer scrutiny, you might just find out that your child's constant tantrums and bouts of unexplained anger might just be the result of your continuing negativity. It is for these reasons that you should be careful.

Several studies show that children coming from single-parent households are more susceptible to destructive or rebellious behavior, not just because society imposes the need for a two-parent structure, but also, more often than not, the custodial parent is either too guilty that he or she smothers his child, or too busy to make ends meet to show how much he or she cares.

According to one study, about 90% of the change in crime rates between 1973 and 1995 had been accounted for by children born into single-family setups and those that had been born outside of marriage.

While this is not entirely true for all cases of that cover single parent households, we cannot discount the fact that majority of reports conducted in lieu of single parenthood and crime rates show that they are, indeed, linked.

Children born into two-parent, or 'intact' homes, are also susceptible to committing crime, so it would be impulsive to generalize that all kids under one-parent households are likely to become criminals.

Sure, two-parent settings place some sort of balance to a child's psychological well-being. However, it should also not be discounted that kids who grew up under an unhappy but intact home are also prone to some form of destructive behavior.

If you are a single parent, the best thing you can do to prevent this from happening is to be there for your child. You don't really need to be available 24-7 and spend so much just to show him or her that you care. The mere fact that you make it clear, in the occasions that you can, that your child's well-being is your utmost priority is enough.

Never forget to tell your child that you love him or her. Do away with discussing the negative, especially if it's against the other parent, no matter how distressed you are with him or her.

If you are having trouble reaching out to your kid, particularly if you're realizing this need just now and your child is already a teen, seek counseling. Or have a one on one talk with your child so that both of you will understand each other's feelings openly. Honesty is key in a single parent setting. If both parent and child are honest about what they think and feel, the less likely a rebellion would occur.

While you do feel somehow guilty for being a single parent (you may sometimes even think it's your fault that your kid is exhibiting rebellious behavior), you should immediately try to take it out of your system. Guilt will only magnify the ill effects on your child and might even push him or her further into ill behavior.

Simply put, a positive attitude will do wonders. A happy household, whether in a two-parent or single parent setting, is still a happy household. And this is all that is going to matter.

Effects of Single Parenting On A Child

Times have really changed. Old people always argue that the modern culture has forsaken and outgrown the values taught and instilled by old customs, beliefs and traditions.

Moralists and conservative people are almost always raising their brows and expressing disgust over how current belief and culture systems are evolving. What has been unacceptable in the old world is now becoming fast and rapidly rising trends.

Taboos and outcast-driving issues of yester years are now very common have set minds of people that they actually are just normal and acceptable.

Single parenting

One of the issues that were raising the ire of people decades and even centuries back is the issue of single parenting. A quick look at social philosophies link single parenting to adventurism and liberation of people.

The Catholic Church has always been the dominating mentor and guide of traditions, norms and living. The church is so adamant to advocate the sanctity of the sacrament of marriage of matrimony.

That is why the procreation outside wedlock is strictly considered a ground for excommunication. It is one of the greatest sins, according to the Catholic Church, to engage in pre-marital sex.

Single parenthood, in that sense, can be taken in as a punishment of some sorts, to the people who disobey the teachings of the church. But radical thinkers think otherwise. So, what is it?

Single parenting is becoming a rapidly rising trend in the society. Studies in the US alone indicate that there are four single parents to every ten parents, there are two single parents for every 10 adults in the country.

Your great grandparents must be really turning up their graves if they could be able to hear such statistics. How times have changed!

The Child

Because single parenting or parenthood is somehow a choice and decision, taken by the parent, one voice is still unheard of. It is that of the child's.

Psychologists and advocates argue and insist that single parenting has adverse mental, emotional and psychological effect to the child. Tests from time to time validate that premise.

Several studies have found that the child's thinking and mental mind set is somehow altered or affected if that child was raised by a single parent.

Although single parents must be commended for raising a child alone, he or she should not be blamed for any mental or psychological result of the situation to the child, as psychological assert.

Tests and observations have consistently concluded and found that single parenting makes children more aggressive and rebellious. Experts say the behavior could be the outcome of the angst and humiliation the child experiences while growing.

Because traditional and normal families have two parents, the mom and the dad, jointly raising kids, single parenting somehow makes the child feel abnormal, different and unaccepted.

The society can sometimes be too cruel for such children, which can make things worse. Humiliation and awkward feeling of insecurity is dangerous if left untreated or undetected in the child. That child can take the burden for the rest of his or her life.

Thus, single parents and their children both need professional help through counseling. Reasonable advise and guides should be given both to the child and the single parent to make sure both of them deal with past, present and future issues from single parenting.

Counseling from professionals can form or make up a support system that will make single parenting easier and more effective. Because single parenting is no ordinary parenting, the parent and the child must learn to accept the situation minus the negative feeling.

Nowadays, single parenting is becoming a normal occurrence. Society is not that judgmental anymore towards the single parent and the child. Probably, it can be because of the immunity due to the rising number of single parents. Anyway, it can be positive because at least, single parents choose to be productive.

Unveiling the Possible Effects of Single Parenting

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Effect of Single Parenting On A Child

In today's generation, people are more liberated. And because of that, a lot of things are going on today that was never heard of before. Say for example, the concept of being a single parent. Single parents are scattered all over the world, so we can't say that it is because of culture or economic status. Rich or poor, a lot of single parents are out there.

So is being a single parent bad? Some would say that they would prefer to be a single parent. Some would say that having a mom and a dad is still proper for a child. Some experts have pointed out some bad traits on children with single parents.

They say that having a single parent has certain effects on a child.

Of course, some effects are good but some are also bad. Since a lot of single parents are dealing with their children by themselves, it is important that you notice and discuss some good and bad effects of solo parenting.

Let us start on the good effects of being a single parent. As an effect of being a single parent, you will be very close to your child or children. You will be the only one they will look up to and you will have their undivided unconditional love. You will also be the only authority they will look up to.

You will be able to have all of their respect and love, making it easy for you to make rules and also for them to follow. In your family, there will be no pairing up or partnership between members. Your family will be very close and the single parent will be in full control.

Close family ties is the greatest effect a single parent can have on a child. The child and single parent will have a very good, if not best, and a very open relationship.

They will have a good communication line and no secrets will be kept from each other. They will share everything with each other that will lead to a harmonious relationship between parent and child.

So if you look at it, being a single parent will be great considering the fact that how good your relationship would be as parent and child. But being a single parent also has its flaws. The difference may have some not so good effects on your child.

Of course, a normal family consists of a mother, a father and the children. In the case of a single parent, a mother or a father is missing. Because of that, it is no longer normal. And as you know, the society looks down on anything that is not normal. The child might start feeling that he or she is different. And that may have some unwanted psychological effects on the child.

One example that might bring the child's feelings down is when his or her peers start teasing him or her for having only one parent. He or she might start thinking that having one parent is bad and the child points out the blame to his or her parent. The child will have a gap with the parent that will be very hard to fill up.

Another problem that may arise as an effect of being a single parent on a child is his or her lack of either a father figure or a mother to care for him or her. The child might seek for someone that has never been there and it might be a cause for the child to be hard-headed.

The child might also get jealous seeing other kids with complete parents. The child may become disturbed because of that. The child might be looking for complete parents in some special occasions that usually require two parents like father's day or mother's day.

As a single parent, you have to answer all the financial needs of your family. So that means you have to work for you to feed them. You can't really spend much time with your children so that you can have a good life. You will really have a hard time teaching them values because you are not always at home.

Always remember that it is not about being a single parent. It is about how you bring up your children and the time you spend with them. And also being how efficient you are as a parent, single or not.

Tips for Single Parents When Traveling

Single parents have a tough role balancing their time between work and home duties as a mother and father. Sometimes single parents need to travel for business trips or even for vacation and bonding moments with their children.

What to bring during travel trips? It is advised for single parents traveling with an infant to pack not more than one suitcase. Better pack your child clothing inside your own suitcase because you are still carrying your baby's car seat and strollers only by yourself or you can accompany a nanny for convenience for every trip only.

Single parents traveling with their children should ride a train as much as possible. Children love trains. These are the best form of travel: either you ride a plane, train or car. Think of any activities that will capture the interest of your child. You can bring along their favorite toys too.

Better be early when traveling especially for single parents to avoid fighting with other passengers. Your child needs to be comfortable and being early on your trip will make them relax.

Bring along kid meals, a spoon and dish and small container of milk and juices that will suit the taste of your children. They may not like the food offered on the plane. Medicines are very important for every single parent traveling with kids. Single parent should know all about sickness that can affect your children during trips or better consult your pediatrician before traveling.

Best destination when traveling with kids - Kids love adventure and they will love you more if you will participate in their adventures. This is the chance for single parents to travel with their kids during holidays for having fun with them. You may frequent your trip to unwind your self for the heavy roles you are doing as a single parent.

Single parents traveling with their kids in Disneyland, wherever Disneyland you may bring them, it does not matter. All that matters to them is the fun and laughter. They may enjoy themselves with the cartoon character like Mickey Mouse and Donald Duck. There are also play areas design for toddlers and kids.

Single parents traveling with their kids but with a minimal budget can bring their child in a zoo. Kids especially toddlers like animals. Even in television, they imitate their sounds and behavior of animals. Treating your kids even with a small budget will be a lot of fun.

Children also love beaches and water. Swimming gives great delight to your kids. They love swimming and playing and building castle made by the sand. It is important for your child to have an activity that will make them busy and worthy on your every trip.

Problems facing by single parents during travel.

Single parents traveling with their kid usually face various problems especially for a divorcee or separated single parents. Single parents traveling with kids should make a habit of bringing along their legal documents whenever you travel inside or outside the country.

Single parents traveling with kids local destination needs only less legal documents than traveling abroad. You may contact your tour agent to check all the requirements before traveling. Because you are only traveling on your own country, you are probably more particular of the laws and requirements when traveling.

Single parents traveling with their kids outside the country require a passport for the kids and the parent itself. Many countries not only requires a passport but still need some additional legal documentation such as death certificate if case of death of other parent, court order of sole custody and permission or notarized Affidavit of Consent from the other parent to prevent the other of kidnapping their children.

For those single parents who are traveling with their kids outside the country, they need to arrange their travel beforehand. You may call the consulate to double check the documentation requirement of your country of destination. Try to be friendly with the consulate of the country of destination and tell them your situation to ensure that you will have a smooth travel.

Many countries today require a visa before entering their country in order to assist their visitor properly. Single parents should indicate the duration of your visit, purpose of your travel, country of origin and how you are entering the country destination if it is either on land, sea or air.

After single parents contacted the consulate of the country, they must also coordinate to their travel agent, airline, or cruise line where their travel has been booked. Do not hesitate to tell them your arrangement with the consulate of the country of your destination and your situation as a single parent.

Effective Vacation Tours For Single Parents

Single parents sometimes feel helpless and lonely because of the heavy responsibilities that they shoulder such as family expenses not to mention to responsibilities in caring for their children. Single parents who think they are getting drowned on their responsibility may take vacation tour as a break from never ending duties.

Vacation tours for single parents are good to refresh the mind and body from the workload they are encountering everyday. Vacation tours may also be good for the children to get the full attention of their parents. Children sometimes feel neglected because of the busy schedule from work of parents. Children are given limited time and sometimes leave them in the care of other people.

Vacation tours for single parents can bridge the gap of single parents to their children. During vacation tours, single parents may get along well with their child. No phone calls from the boss, no meetings to attend and no interruptions can take place between them.

Because of the growth rate of people becoming a single parent, most travel agencies offer vacation tour for single parents accompanied by their children.

There are also travel agencies designed only for vacation tour for single parents or adults traveling alone with their kids. They arrange their trips either by land, air or sea. They also help single parents to comply all the requirements needed for the vacation tours for single parents.

Single parents who wish to have vacation tours with their kids may plan ahead of time. Planning a vacation tours for single parents with their kids going abroad, need more time of preparing rather than planning for vacation tours for single parents locally.

Preparing vacation tours for single parents who are going outside the country must prepare at least 2 months before their date of departure. Single parents are required to apply for a visa before entering other countries. There are countries that requires foreigner to secure a visa but there are also countries that do not need to be able to enter into their country.

Taking vacation tours for single parents in local destination needs only shorter time of preparation. Being a resident of your country, you are more particular on your countries law and order. You can easily accomplish the requirements need for your vacation tours.

To check all the requirements of your country of destination, better visit the website of the corresponding country you wish. You may also call their consulate and you may tell them that you wish to go on vacation tour with your children. You may also tell them your situation being a single parent going on a vacation tour.

Single parents may also contact a travel agency that offers not only vacation tours for single parents but also caters assistance in securing all the requirements needed for your vacation. It will save your time and energy of every single parent. Remember that single parents double their time for the family and work as well.

Travel agencies who offer vacation tours for single parents are expected to be more considerate and patient in dealing with their clients, given the single parents hard situation. They should understand the sentiments of every single parent who feels he or she is losing time for herself and her children.

How employers can help single parents in their situation?

Many companies nowadays are able to construct a program for their single parent employees like vacation tours for single parents. Vacation tours for single parents are awarded to the single parent employees for the good job they have done in helping their company in achieving success.

Other companies may do the same program of vacation tours for single parents to make them more productive and aggressive with their work. They will realize their companies are not only interested with the work they are rendering but that the companies are also concern with their situation.

Vacation tours for single parents is a good opportunity for single parents who want to show more beautiful places to their kids without spending their own money. If all companies will have a vacation tours for single parents, every single parents will not take granted this kind of opportunity.

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