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# Dealing With Child Behavior In Childcare Facilities

## Topics Covered:

Banish the Biting Phase in Your Kids Before Daycare Starts

Potty Training 101 for Daycares - What Parents Should Expect

Top Reasons Why Kids are Kicked Out of Daycares

# Dealing With Child Behavior In Childcare Facilities

## **Banish the Biting Phase in Your Kids Before Daycare Starts**

When kids bite you or others it can be painful, dangerous, embarrassing and just plain bad behavior. While it is perfectly normal behavior for an infant or toddler to put things in their mouth as a part of their exploration process and certainly part of their teething process, it is not okay for a child to bite another person out of frustration, anger or fear. Biting, along with hitting and hair pulling are common misbehaviors and you certainly shouldn't worry that your child's biting is a sign that he or she is a bully. You should, however, take an active role in curbing this sort of behavior before daycare starts.

First of all, it is important to observe your child's behavior closely to figure out why, when and under what circumstances they are biting. In order to do this you will need to become your child's shadow. Take some extra time to play with your child, or simply to observe your child playing with others. Many children bite out of frustration, fear or anger. If you can observe under what conditions your child is most likely to bite, you will have a better idea how to begin curbing that behavior. Figuring out the "why" behind the biting will help you improvise unique techniques to help curb this behavioral pattern before it begins.

Eliminate the frustration factor. Many children bite out of frustration. Children, like adults, get frustrated, sometimes for seemingly no reason and other times for some pretty understandable reasons; however, unlike adults children do not yet have a wealth of vocabulary or knowledge of coping techniques to express their frustration.

Acting out can easily become an easy outlet for frustration and acting out can and often does, mean biting. If you notice that your child is repeatedly getting frustrated and biting due, say, to a particularly frustrating toy, remove that toy. If you notice that your child is frustrated because there aren't enough toys to share with others add more toys to the mix. These are some simple steps you can take to avoid biting scenarios.

Most importantly, teach your child acceptable alternatives to biting. Sometimes eliminating the frustration factor is just not enough and sometimes it is just not that easy to remove. Therefore, children need to learn substitute behaviors for biting and in order to learn them you need to take the time to teach them. While it may take a while for your child to discover their emotions and how to deal with them, you can start to help children learn constructive and safe ways to express themselves.

Teach your child to say "no" to another child who is doing something your child doesn't like. Explain to your child that they can come to you when they get angry, upset or frustrated instead of resorting to biting. Support this teaching by responding positively to your child when she has learned to do this. When you notice your child is about to bite try quickly substituting a teething ring or another toy for your child to bite. This will help send the message to your child that it isn't the biting that is bad, just the biting other people because that hurts.

Be sure to praise your child for appropriate behavior. Positive reinforcement is very important whenever you are trying to change your child's behavior from a negative one to a positive one. Whether your child bites another toy rather than another child or substitutes "no" for biting, make sure to lavish lots of positive attention on them.

Positive attention sure beats the negative attention they received for biting and in this way you can help reinforce a healthier approach to frustrating or frightening situations. In the long run this kind of positive reinforcement is what truly changes behavior, helps you bond with your child and helps boost your child's confidence.

Above all remember that biting is a common misbehavior and it is not an indication that there is anything wrong with your child. For many children, biting is just a phase; however biting does not have to be a phase that hurts and causes problems for you and your child. By staying aware of and involved in your child's behavior you can help them to avoid the biting phase altogether. Nipping biting in the bud before day care starts can only make your child's transition from home care to day care that much easier.

### **Potty Training 101 for Daycares- What Parents Should Expect**

At the present time there are approximately 61 percent of children who range in age from newborns to six year olds who attend a daycare on a regular basis. For this reason, when potty training time rolls around, it is important that parents work with the staff at the child's daycare to make sure the process will go along as smoothly as can be. Proper guidance, support and encouragement from parents and daycare workers can make a tremendous amount of difference in how fluid the adjustment is from wearing diapers to being a big kid who is completely potty trained.

First, it is essential for parents to determine if the timing is right to train their child on the potty. Most children are ready to be potty trained somewhere between the ages of two and three but it is necessary to pick up on cues from your little one that he or she is ready to begin. There are specific cues that signal "potty training readiness."

These cues include when your child expresses a curiosity as well as an interest in knowing about the potty and how it works; when your child shares with you either through words or body language, such as pointing to her diaper or pulling at the diaper, that she needs to use the toilet or potty; when your child has mastered the art of both dressing herself and undressing herself; when your child has no problem remaining dry for a period of two hours or more; when your child shows distaste or discomfort with wearing a wet diaper; when your child begins to have consistent bowel movements and when your child begins to show an interest in wearing underwear as opposed to diapers.

When a child attends daycare, she is likely to notice that there are other children around her who successfully use the potty and also who no longer wear diapers but instead wear cotton underpants. This is a subtle form of peer pressure that often motivates children in a positive

manner toward potty training. Make sure the daycare provider and other staff members are made aware that you have begun to introduce potty training to your child.

The staff can assist in this process by watching for the appropriate signs as well as being forthcoming when the child asks questions about the potty during the daytime hours. Parents should rent or buy a video about potty training and then watch it with their child. Another option is to read a book about the process and then have time for questions afterwards. Be as upfront as you can with your child and let her know that you are always there to talk about potty training with her.

The staff members at your child's daycare are likely to have plenty of useful tips and suggestions for you as the potty training process begins. Discuss your potty training plan and coordinate your efforts to make sure you are on the same page. It is important that the approach at home is similar to that used at the daycare. If it is different then that is likely to confuse the child.

Guidance for potty training is very important, as is the setting down of certain rules regarding the process. Work with the daycare staff to come up with rules that can be taken advantage of both at home and at the daycare center. For example you might decide that a child will not be scolded and punished for having an accident in her pants while she is being potty trained. As well you might decide to give the child a happy face sticker for her hand or shirt as a reward every time she uses the potty properly.

Regular potty training progress reports need to be communicated between the parent and the daycare provider. When your child had a good evening or weekend potty wise let the daycare worker know. That also works for the daycare employee. When a child has shown progress in using the potty make sure the parent is told. This open line of communication goes a long way in helping potty training proceed along a successful track. It also helps a child feel supported and encouraged with the entire procedure.

## **Top Reasons Why Kids are Kicked Out of Daycares**

Just like there are times when employees are let go from a job, there will be times when children are asked to leave a daycare center. It is irrelevant if it is an actual center or an in-home provider, since children are asked at times to leave either environment.

While it may seem odd that a business would shoot itself in the foot by letting a paying customer go, here are the top reasons why kids are kicked out of daycares:

**The child is aggressive, and may be bullying or harming other children.** While it happens occasionally that a child may bite or hit another child, this sort of behavior is not unacceptable. You can be sure that the daycare providers will do their level best to correct this acting out, and to remove whatever impulses are here that stimulate your child to act thusly; however, if the behavior does not correct itself within a reasonable period of time, then the daycare provider may consider that it is in the best interest of everyone involved if the child is

removed until he or she knows how to control those impulses that make her want to hit or act out aggressively.

**The child is disrespectful of authority.** Every child will cross the lines once in a while, and testing of boundaries is a normal behavior for any child. Things become a lot more complicated, however, when a child openly defies the authority of the caregiver and refuses to cooperate, obey, or simply do anything the caregiver instructs her or him to do. The daycare provider now has to consider that in case of a true emergency she or he will not be able to rely on the child's compliance and this will put everyone in jeopardy. Thus, for the safety of the daycare center as well as the safety of the individual children, kids who disrespect the caregivers' authority are often asked to leave.

**Undiagnosed or untreated illnesses.** Very often a child may suffer from ADHD, ADD or Autism but may not yet have been properly diagnosed. In such cases it is not uncommon for the kids to be unruly, act out, and refuse to cooperate with caregivers. Daycare center and in-home childcare providers are not equipped to handle children who are not diagnosed or undergoing treatment, and it is not surprising that a large number of such children are asked to leave daycare after daycare. If this is your child, and your kid has been kicked out of numerous daycare setting, it is time to get the child checked out by a pediatrician or a neurologist. It is highly unusual for a child to be asked to leave so many settings.

**Inappropriate behavior.** Some children may act in an overtly loving or even sexual way that is inappropriate in any setting. Perhaps it is something in their past there are learning to deal with, or maybe they are just being overly friendly. Nonetheless, if this behavior does not change quickly, the child is asked to leave the daycare.

**Inadequate structure.** Sometimes it is not the child's problem but the daycare's lack of structure that has some kids acting out. While many kids will be perfectly happy to go find something to do on their own, there are those who rely on adults to set the boundaries and to provide scheduled activities. If the daycare is lax in providing structure, some children will act inappropriately and will in turn be asked to leave.

**Parental misbehavior.** A number of factors fall under this umbrella, but sadly sometimes it is the parents' fault that a child is kicked out of daycare. Maybe they do not support the caregivers' authority, or perhaps they contradict the rules of the daycare center. Another reason that is cited much more often is a lack of communication between the parent and the daycare provider.

If children attend sporadically, and caregivers do not know if a child is coming or not, it disrupts the flow of the daycare setting, especially when it is an in-home childcare setting. Additionally, if payments are late, checks bounce, and the kindness of the caregiver is tried time and again, it is not unusual for the caregiver to cut her or his losses and go ahead and dismiss the child from the facility.

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