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Travel By Sea: What You Need to Know

Two if By Sea: How to Plan Your Cruise

A cruise can be an exhilarating vacation unlike any other. Imagine waking up in the middle of the ocean on a floating resort. The views are spectacular and your every desire is met. However, planning a cruise can be an arduous process. But rest assured that once you have planned your cruise vacation, you will have little else to worry about. Once you step on board the boat, you will have nothing to do but sit back and relax.

The first step to planning your cruise is to decide where you want to cruise to. Nowadays you can cruise to almost any destination. Caribbean cruises are typically the most popular, but other cruises have become popular as well in recent years, such as Alaskan cruises. Make sure to book your cruise early, as many cruise lines book up as the cruise gets closer.

Finding a travel agent who has experience booking cruises can help you in your booking process. If you have little or no experience planning a cruise then an experienced travel agent will provide insight and make sure you get the best deals possible. You can work together with your travel agent to make sure that you get the best mix of their experience and qualifications and the expectations you have for your cruise.

After deciding on a destination, the next step is to select a cruise line. There are a number of options, so your best bet will be to do research on this. Check out a number of cruise lines and view the amenities that they offer to their guests. It is also a good idea to talk to people you know who have taken a cruise to find out how they liked the cruise line they traveled on. Find out which lines offer cruises to the place you want to go during the time of year you want to travel in. Decide which amenities are most important to you such as, pools, clubs, live entertainment, and find a cruise line that offers what you are looking for.

Once you have selected your cruise line you will be able to select the cruise you wish to travel on. New ships are constantly being added, so you may even have the option of cruising on a ship's maiden voyage. However, one important thing to take into consideration is the length of the cruise. If Carnival Cruises offers a cruise to the Caribbean in December and that is what you are looking for then it may seem perfect. However, if the cruise is for seven days and you can only go for five, it will not work.

Once you have chosen your cruise line and selected the cruise on which you will travel, you can select a room. Different rooms are in different locations on the ship, so select carefully. If you want a porthole in your room, be sure to select a room on the floor where the portholes are available. Keep in mind that if upgrades are available at the time of the cruise they will go to people who frequently travel on the cruise line first.

Once you are booked on the cruise line, you will be shown other options available to passengers, such as shore excursions. Many cruises dock for a day or two in port cities along the way. During these stays the cruise line offers off-ship activities that passengers can take part in. Snorkeling, hiking, and guided tours are just a few of the possible activities that cruise lines will make available to you and other passengers. However, keep in mind that these excursions have limited spots available and often fill up quickly. To ensure that you are able to participate in the activities you want to participate in, sign up as early as possible. Onshore excursions typically cost some extra money, but they usually do not run over \$20 per trip.

If you talk to people who have taken cruises before, you will find out that cruise vacations are some of the most fun vacations out there. If you plan well, yours can be too. Although it may take a lot of planning, you will likely be rewarded in the end with a perfect cruise vacation.

Luxury Discount Cruise – Affordable Fun

Imagine – you are relaxing beside a perfect blue pool, the wind gently blowing your hair, the serenity engulfing you; you look over at your spouse, who turns to you and says, “You paid how much for this cruise!?” Then you wake up in a cold sweat from the horror of answering your other half. As wonderful as a vacation would be, they are not exactly cheap! However, if your heart is set on that ocean scene, the most viable option for you is a luxury discount cruise, so you can bask in the sun without breaking the bank.

There are two ways to go about finding a discount cruise. Most companies provide “specials” that are discounted fares for a particular package. These are usually less expensive than regular fares and can be utilized to lower cost. However, there are also outside companies that may be able to offer the cruise at a considerable savings.

These are sometimes travel agents or companies that are given deals, or even firms that are given last minute tickets to move. The idea behind this is that no one wants to go on a cruise with 10 people on it; it has to be filled with people to be trendy. Also, the cruise company does not want to sail a ship that has vacancies, as that is looked at as money lost. Their way of thinking can save you a lot of money on a cruise. There are agents and websites, such as cruise.com, that specialize in these last minutes deals. If a cruise is not filling up fast enough, discounts may be offered via one of these sources to ensure bookings.

However, in your search for inexpensive getaway, do not sacrifice safety. Make sure you are dealing with a reputable company and the cruise you are going on is up to par – no one wants to swim home because they did not research the cruise company.

International Cruises: Tips for Before you Board and for When You Get Off the Boat

Taking a cruise to a foreign country can be a new and exciting experience if you have never traveled abroad. There are plenty of new sights to see and things to try, but there are also dangers that naïve travelers must be aware of. When traveling internationally there are a number of things to take into consideration that will make your vacation even more enjoyable.

When traveling internationally on a cruise it might be a good idea to invest in travel insurance. Not only does travel insurance protect you from any unexpected cancellations, which can be important since cruises abroad can be more costly than domestic ones, but travel insurance can come in handy in other ways as well. Before leaving check into your medical insurance plan to find out if you are covered in foreign countries. Some insurance plans do not cover medical expenses in foreign countries and in some cases insurance plans are not accepted by foreign hospitals. In case of medical emergency while you are away, travel insurance policies can be purchased to cover any unforeseen medical costs that may occur while you are traveling.

Make sure you get to the boat early. In today's world, there are a number of security precautions and safety measures that are taken before you are allowed to board any mode of public transportation. This means that you will need plenty of time to check your bags and get through security before your boat leaves. If you end up having a little extra time before you board your cruise, most shipping docks have areas where travelers can wait for their cruises to leave. It is better to have a little extra time than to miss your boat. Also, be sure to have your boarding pass and passport handy so you can get them checked quickly and easily rather than having to search through your bags for them.

If you are traveling abroad for the first time, beware of scams that many international travelers unfortunately fall prey to. There are a number of smalltime thieves that lurk in areas where cruise ships dock, waiting to make unsuspecting passengers their next victims. Make sure to keep your bags in sight at all times, to avoid getting anything stolen. Also, be sure to only keep items you will really need in your wallet during your trip. Try not to carry a lot of unnecessary items with you. It is also a good idea to lock all baggage that you bring with you.

It is a smart idea to make copies of all important documents before your trip. You should make photocopies of your passport, credit cards, medical prescriptions, and your medical insurance information. Photocopying your credit cards will allow you to have images of them if they happen to be lost or stolen during your trip. You will have the numbers, expiration dates and the phone number to call if you do misplace them. By copying medical prescriptions you are able to have the information for any medications you might need during your trip.

Medication bottles are small and can easily be misplaced. It is important to always have your medical insurance information with you in case of any medical emergencies. Of course, as previously mentioned, you should make sure that your medical insurance fully

covers any medical expenses in other countries before departing on your trip. If it does not cover you, travel insurance might be a smart choice for you.

Make sure you know the currency conversions between American dollars and the currency of the country you are visiting. Make sure you are visiting places that will accept your credit cards or make certain that you have enough local currency on you for any expenses. You will also want to look into places to exchange your currency. Different places offer different rates of conversion. Banks are typically the best bet, as they usually offer the best rates. However, it is smart to look into this and do some research before your trip. Another option is traveler's checks, which can be purchased from your local bank prior to your trip, and can be used anywhere.

The most important tip for people planning to travel abroad is to have fun and enjoy the trip. For most people it is not everyday that they get to visit a foreign country, so try your best to take in as many sights as possible and don't forget your camera.

Tricks That Can Make Traveling By Sea Easier: Coping with Seasickness

Motion sickness is common to almost everybody. It is usually frequent to those who travel a lot, whether by land, air, or sea. The different forms of motion sickness are based on the kind of transportation that they employ.

One of the most common kinds of motion sickness is the seasickness. It is usually characterized by a sensation of nausea and vertigo.

People who experience seasickness are those who are not conditioned to travel by sea or who cannot stand the swaying motion of the boat brought about by the waves. Though, there are others who experience seasickness as soon as they step aboard, even if the ship is not yet moving or is in the dry dock condition.

Basically, the results and effects of seasickness is not very alarming, except for those who have important matters to attend to while aboard a ship. This means that people who have duties in the ship will have the tendency of not performing their duties well if ever they get to experience seasickness.

Causes of Seasickness

Generally, people are conditioned to stay upright by maintaining the center of gravity within their feet. If motion is applied, the body tends to have visual confusion. Here, seasickness starts.

Moreover, the irregular pressure on the bowels, wherein the diaphragm tends to move along with the movement of the ship, can also cause seasickness.

With the advent of medical advancements, people can now cope up with seasickness

through medications. These medicines have special components that normalize the condition of the body so as to adapt with the changes in the environment.

Tricks to Deal With it

Aside from medications, there are different ways how to cope up with seasickness. Here's how:

1. Waves trigger seasickness.

Most experts say that it would be better to focus one's sight to the horizon. It would be better if people will not look at the waves because the motion that it entails will render more confusion on the body's ability to keep the center of gravity on their feet.

2. Adults should be more prepared with medications that will help reduce seasickness.

Studies show that seasickness is more prevalent in adults than children below 12 years old. Particularly, cases of seasickness are higher in females. According to the statistical reports, there are seven cases of seasickness in females and only one in males.

3. When sleeping, people should lie on their backs.

4. People who are prone to seasickness should stay where the fresh air is available.

Indeed, seasickness is not a problem if people will know how to cope up with it.

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